

CHERRYWOOD POINTE OF PLYMOUTH WEEKLY ACTIVITIES SCHEDULE



Sunday January 3

10:00a St. Bartholomew Catholic Service
 11:00a St. Philip the Deacon Lutheran Service
 12:30p Matinee Movie – The Notebook
 2:45p Matinee Movie – The Notebook

Sunday January 3 - MY CHANNEL

10:00a St. Bartholomew Catholic Service
 11:00a St. Philip the Deacon Lutheran Service
 1:00p HASfit Exercise with Coach Kozak & Claudia
 2:00p Rev. Chris Beckman Devotionals
 3:00p Tai Chi
 6:00p Perry Como
 8:00p Beautiful Aquarium

NOTE: For MY CHANNEL Press1, Press the DASH button, Press 2

Monday January 4

9:45a Morning Stretch & Move - Workout with the Y
 11:00a Gratitude Circle
 1:00p Johnny Carson Animal Hi Jinks
 2:00p Snack & Activity Cart
 3:15p Craft Corner

NOTE: The HASfit exercise class will begin playing on My Channel @ 10:00a
 Monday through Saturday & 1:00p on Sunday

Tuesday January 5

10:00a Morning Stretch & Move - Chair Yoga
 11:00a Mens Morning Social
 1:00p Intimate Portrait – Golden Girls (Part one, part two will be next Tuesday)
 2:00p Snack & Activity Cart
 3:15p BINGO – Please sign up for either Tuesday OR Thursday to give all residents an opportunity to participate

Wednesday January 6

9:45a Morning Stretch & Move – Workout with the Y
 12:45p Netflix Series – The Crown S1 E6 in the theater FIRST SEATING
 2:00p Netflix Series – The Crown S1 E6 in the theater SECOND SEATING
 2:00p Wednesday Wine Day, Beer, Snack & Activity Cart
 3:30p Gene Vincent & Eddie Cochran Concert

Thursday January 7

11:00a Catholic Word & Communion
 12:00a January Birthdays Celebration during lunch in the dining room
 1:00p Pastoral Care Visits
 2:00p Snack & Activity Cart
 3:15p BINGO – Please sign up for either Wednesday OR Thursday to give all residents an opportunity to participate

Friday January 8

9:45a Morning Stretch & Move – Workout with the Y
 12:30p Matinee Movie – Evil Under the Sun
 2:00p Snack & Activity Cart
 2:45p Matinee Movie – Evil Under the Sun

Saturday January 9 MY CHANNEL

9:00a First Transcontinental Phone Call
 10:00a HASfit
 12:00p Orchestra Performance
 2:00p Story of Music
 4:00p The Rise and Fall of Rome
 6:00p Frank Sinatra Hits
 8:00p Beautiful Aquarium

Saturday January 9

10:00a Morning Stretch & Move - HASfit

*Please sign up for activities on sign up sheet outside Community Room