





# March 2019

Roseville at Lexington (AL, IL)

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|---|---|--|--|--|
|    |   |   |   |  | 1  | 2  |
|  |   |   |   |  | 10:00 Chair Yoga, <i>F</i><br>1:00 Bingo, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Crafty Club, <i>CR</i><br>5:30 Acoustics w/ Alison, <i>MC</i><br>6:30 Puzzles in the Pub, <i>LP</i>  | 9:30 Coffee & News, <i>MC</i><br>9:30 Exercise Video, <i>F</i><br>1:00 Smartphone Apps w/ John Sweeney, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Matinee Movie, <i>T</i><br>3:00 Cards in the Café, <i>LC</i>                     |
| 3  | 4   | 5   | 6   | 7  | 8  | 9  |
| 10:15 Cards in the Café, <i>LC</i><br>10:30 Sit N' Fit, <i>MC</i><br>2:00 Coffee Social, <i>D</i><br>3:00 St. Paul Winter Carnival Documentary, <i>LP</i><br>4:00 Brain Games, <i>LP</i><br>6:00 Movie Night, <i>T</i> | 10:00 Centrex Fitness, <i>F</i><br>11:30 Ladies Luncheon Outing, <i>L</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Trivia & Tots, <i>LP</i><br>6:00 Crosswords in the Pub, <i>LP</i>   | 10:00 Centrex Fitness, <i>F</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Tapas Tuesday, <i>LP</i><br>3:30 Parkinson's Support Group: Boston Scientific Presentation, <i>CR</i><br>6:30 Pool in the Pub, <i>LP</i>                        | 9:45 Exercise Video, <i>F</i><br>10:15 Worship Service, <i>CR</i><br>1:00 Bible Study, <i>T</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Massage Introduction, <i>CR</i><br>3:30 Art with Heart: Mason Jar Lid Sun Catchers, <i>MC</i><br>6:15 Movie & Popcorn, <i>T</i> | 10:00 Centrex Fitness, <i>F</i><br>11:00 Catholic Communion & Rosary, <i>T</i><br>12:30 Bus Loop Outings, <i>L</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Bill Walsh Presentation, <i>CR</i><br>6:30 Jukebox Music in the Pub, <i>LP</i><br>6:30 Pistachio Singers, <i>CR</i> | 10:00 Chair Yoga, <i>F</i><br>10:00 Remember When Program, <i>CR</i><br>1:00 Bingo, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Crafty Club, <i>CR</i><br>6:30 Puzzles in the Pub, <i>LP</i>   | 9:00 Donuts & Mimosas, <i>LC</i><br>9:15 Moving for Better Balance, <i>F</i><br>10:30 Fun & Games, <i>MC</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Matinee Movie, <i>T</i><br>3:00 Cards in the Café, <i>LC</i>                          |
| 10   | 11  | 12  | 13  | 14   | 15   | 16   |
| 10:15 Cards in the Café, <i>LC</i><br>10:30 Sit N' Fit, <i>MC</i><br>1:30 Days For Girls Volunteer Event, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>4:00 Brain Games, <i>LP</i><br>6:00 Movie Night, <i>T</i>       | 9:15 Casino Outing, <i>L</i><br>10:00 Centrex Fitness, <i>F</i><br>11:00 Volunteer Meeting, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Seasonal Treats, <i>CR</i><br>6:00 Crosswords in the Pub, <i>LP</i>                   | 10:00 Centrex Fitness, <i>F</i><br>11:00 Music History w/ Steve, <i>CR</i><br>1:00 Low Vision Support Group, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Tapas Tuesday, <i>LP</i><br>6:30 Pool in the Pub, <i>LP</i>              | 9:45 Exercise Video, <i>F</i><br>10:15 Worship Service, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Massage Therapist on site, <i>C</i><br>3:30 Art with Heart: Lucky Shamrock Charms, <i>MC</i><br>6:15 Movie & Popcorn, <i>T</i>                                | 10:00 Centrex Fitness, <i>F</i><br>10:45 Catholic Communion & Rosary, <i>T</i><br>12:30 Bus Loop Outings, <i>L</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Medicare Education Presentation, <i>CR</i><br>6:30 Jukebox Music in the Pub, <i>LP</i>                              | 10:00 Chair Yoga, <i>F</i><br>10:30 McPhail Music Appreciation, <i>CR</i><br>1:00 Bingo, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Crafty Club, <i>CR</i><br>5:30 Acoustics w/ Alison, <i>MC</i><br>6:30 Puzzles in the Pub, <i>LP</i> | 9:15 Moving for Better Balance, <i>F</i><br>10:30 Irish Music w/ Abbey, <i>MC</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Matinee Movie, <i>T</i><br>3:00 Cards in the Café, <i>LC</i><br>3:00 Irish Happy Hour, <i>LP</i>                 |
| 17   | 18  | 19  | 20  | 21   | 22   | 23   |
| 10:15 Cards in the Café, <i>LC</i><br>10:30 Sit N' Fit, <i>MC</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Irish in America Documentary, <i>LP</i><br>4:00 Brain Games, <i>LP</i><br>6:00 Movie Night, <i>T</i>         | 10:00 Centrex Fitness, <i>F</i><br>10:30 James Shaw Piano, <i>MC</i><br>1:00 Music Therapy w/ Steve, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Phillipines Presentation, <i>CR</i><br>6:00 Crosswords in the Pub, <i>LP</i> | 10:00 Centrex Fitness, <i>F</i><br>1:00 Blood Pressure Checks, <i>C</i><br>2:00 Coffee Social, <i>D</i><br>3:00 St. Patrick's Day Happy Hour, <i>CR</i><br>3:30 Parkinson's Support Group, <i>CR</i><br>6:30 Pool in the Pub, <i>LP</i> | 9:45 Exercise Video, <i>F</i><br>10:15 Worship Service, <i>CR</i><br>1:00 Bible Study, <i>T</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Massage Therapist on site, <i>C</i><br>3:30 Art with Heart: Cherry Blossom Art, <i>MC</i><br>6:15 Movie & Popcorn, <i>T</i>     | 10:00 Centrex Fitness, <i>F</i><br>11:00 Catholic Communion, <i>T</i><br>12:30 Bus Loop Outings, <i>L</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Antique Show, <i>CR</i><br>6:30 Jukebox Music in the Pub, <i>LP</i><br><i>* Marketing film day</i>                           | 10:00 Chair Yoga, <i>F</i><br>1:00 Bingo, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Crafty Club, <i>CR</i><br>6:30 Puzzles in the Pub, <i>LP</i>   | 9:30 Coffee & News, <i>MC</i><br>9:30 Exercise Video, <i>F</i><br>10:30 Fun & Games, <i>MC</i><br>1:00 85 Years of Memories, <i>T</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Matinee Movie, <i>T</i><br>3:00 Cards in the Café, <i>LC</i> |
| 24   | 25  | 26  | 27  | 28   | 29   | 30   |
| 10:15 Cards in the Café, <i>LC</i><br>10:30 Sit N' Fit, <i>MC</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Ice Cream Sundaes, <i>LP</i><br>4:00 Brain Games, <i>LP</i><br>6:00 Movie Night, <i>T</i>                    | 10:00 Centrex Fitness, <i>F</i><br>1:30 Resident Meeting, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Mixology, <i>CR</i><br>6:00 Crosswords in the Pub, <i>LP</i>  | 10:00 Centrex Fitness, <i>F</i><br>11:00 Music History w/ Steve, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Birthday Party w/ Scott Beaumont, <i>CR</i><br>5:00 Men's Outing, <i>L</i><br>6:30 Pool in the Pub, <i>LP</i>        | 10:00 Centrex Fitness, <i>F</i><br>1:30 Joe Ahrens Music, <i>CR</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Massage Therapist on site, <i>C</i><br>3:30 Art with Heart: Pom Animals, <i>MC</i><br>6:15 Movie & Popcorn, <i>T</i>  | 10:00 Centrex Fitness, <i>F</i><br>10:45 Catholic Communion & Rosary, <i>T</i><br>12:30 Bus Loop Outings, <i>L</i><br>2:00 Coffee Social, <i>D</i><br>3:30 Connections, <i>T</i><br>6:30 Jukebox Music in the Pub, <i>LP</i>   | 10:00 Chair Yoga, <i>F</i><br>1:00 Bingo, <i>CR</i><br>1:30 Mill City Museum Outing, <i>L</i><br>2:00 Coffee Social, <i>D</i><br>3:00 Crafty Club, <i>CR</i><br>6:30 Puzzles in the Pub, <i>LP</i>   | 9:15 Moving for Better Balance, <i>F</i><br>10:30 Fun & Games, <i>MC</i><br>2:00 Coffee Social, <i>D</i><br>2:00 Matinee Movie, <i>T</i><br>3:00 Cards in the Café, <i>LC</i>  |
| 31   |   |   |   |  | <b>MEETING PLACES</b>  |   |
| 10:15 Cards in the Café, <i>LC</i><br>10:30 Sit N' Fit, <i>MC</i><br>2:00 Coffee Social, <i>D</i><br>4:00 Brain Games, <i>LP</i><br>6:00 Movie Night, <i>T</i>   |   |   |   |  | <i>F</i> - Fitness Room<br><i>CR</i> - Community Room<br><i>D</i> - Dining Room<br><i>MC</i> - Memory Care<br><i>LP</i> - Lex Pub<br><i>T</i> - Theater<br><i>LC</i> - Lex Cafe<br><i>L</i> - The Lobby<br><i>C</i> - Clinic                   |  |

# March 2019

Roseville at Lexington (MC)

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|---|---|--|--|---|
|   |   |   |   |  | 1  | 2   |
|  |   |   |   |  | 9:30 Sit N' Fit, <i>MC</i><br>10:30 Paint Clay Creations, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 Bingo, <i>CR</i><br>3:00 Happy Hour, <i>MC</i><br>5:30 Acoustics w/ Alison, <i>MC</i>       | 9:30 Coffee & News, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>2:00 Matinee Movie, <i>T</i><br>3:30 Saturday Stretch, <i>MC</i>  |
| 3  | 4   | 5   | 6   | 7  | 8  | 9   |
| 10:00 Daily Chronicles, <i>MC</i><br>10:30 Sit N' Fit, <i>MC</i><br>12:45 Creative Writing, <i>MC</i><br>2:30 Ice Cream Sundaes, <i>MC</i><br>3:00 Word Games, <i>MC</i><br>6:00 Movie Night, <i>T</i>   | 9:30 Sit N' Fit, <i>MC</i><br>10:30 Let's Bake: Mini Donuts, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 Mardi Gras Masks, <i>MC</i><br>3:00 Outburst, <i>MC</i><br>5:30 Balloon Ball, <i>MC</i>   | 9:30 Sit N' Fit, <i>MC</i><br>10:15 Coffee Social, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 Candy Mardi Gras Necklaces, <i>MC</i><br>3:00 Word Games, <i>MC</i><br>5:30 Movie & Popcorn, <i>MC</i>                    | 9:30 Coffee Chat w/ Chaplain Beth, <i>MC</i><br>10:15 Worship Service, <i>CR</i><br>1:00 Bible Study, <i>T</i><br>2:00 Massage Introduction, <i>CR</i><br>3:30 Art with Heart: Mason Jar Lid Sun Catchers, <i>MC</i><br>5:30 Sing & Stretch, <i>MC</i>            | 9:30 Sit N' Fit, <i>MC</i><br>10:00 Music Therapy w/ Steve, <i>MC</i><br>11:00 Catholic Communion & Rosary, <i>T</i><br>11:00 Devotion, <i>MC</i><br>1:00 Fun & Games, <i>MC</i><br>3:00 Singo w/ Steve, <i>MC</i><br>5:30 Short Stories, <i>MC</i><br>6:30 Pistachio Singers, <i>CR</i> | 9:30 Sit N' Fit, <i>MC</i><br>10:00 Remember When Program, <i>CR</i><br>11:00 Devotion, <i>MC</i><br>1:00 Bingo, <i>CR</i><br>3:00 Happy Hour, <i>MC</i><br>5:30 Sing Along, <i>MC</i>               | 10:30 Fun & Games, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>12:45 Reminisce, <i>MC</i><br>2:00 Matinee Movie, <i>T</i><br>3:30 Saturday Stretch, <i>MC</i>   |
| 10   | 11  | 12  | 13  | 14   | 15   | 16  |
| 10:00 Daily Chronicles, <i>MC</i><br>10:30 Sit N' Fit, <i>MC</i><br>12:45 Creative Writing, <i>MC</i><br>1:30 Days For Girls Volunteer Event, <i>CR</i><br>2:30 Ice Cream Sundaes, <i>MC</i><br>3:00 Word Games, <i>MC</i><br>6:00 Movie Night, <i>T</i> | 9:30 Sit N' Fit, <i>MC</i><br>10:30 Let's Bake: Stromboli, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 Flower Arranging, <i>MC</i><br>3:00 Giving Voice Chorus Video, <i>MC</i><br>5:30 Balloon Ball, <i>MC</i>  | 9:30 Sit N' Fit, <i>MC</i><br>10:15 Music Therapy w/ Steve, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 "Picture This", <i>MC</i><br>3:00 Watercolor Painting, <i>MC</i><br>5:30 Movie & Popcorn, <i>MC</i>              | 9:30 Coffee Chat w/ Chaplain Beth, <i>MC</i><br>10:15 Worship Service, <i>CR</i><br>1:00 Music Therapy w/ Steve, <i>MC</i><br>2:00 Massage Therapist on site, <i>C</i><br>3:30 Art with Heart: Lucky Shamrock Charms, <i>MC</i><br>5:30 Sing & Stretch, <i>MC</i> | 9:30 Kinderberry Visit, <i>MC</i><br>10:45 Catholic Communion & Rosary, <i>T</i><br>11:00 Devotion, <i>MC</i><br>2:00 Men's Group w/ Jay, <i>MC</i><br>3:00 Travelogue: Ireland, <i>MC</i><br>5:30 Short Stories, <i>MC</i>  | 9:30 Sit N' Fit, <i>MC</i><br>10:30 McPhail Music Appreciation, <i>CR</i><br>11:00 Devotion, <i>MC</i><br>1:00 Bingo, <i>CR</i><br>3:00 Happy Hour, <i>MC</i><br>5:30 Acoustics w/ Alison, <i>MC</i> | 10:30 Irish Music w/ Abbey, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>12:45 Reminisce, <i>MC</i><br>2:00 Matinee Movie, <i>T</i><br>3:30 Saturday Stretch, <i>MC</i>                                  |
| 17   | 18  | 19  | 20  | 21   | 22   | 23  |
| 10:00 Daily Chronicles, <i>MC</i><br>10:30 Sit N' Fit, <i>MC</i><br>12:45 Creative Writing, <i>MC</i><br>2:30 Ice Cream Sundaes, <i>MC</i><br>3:00 Word Games, <i>MC</i><br>6:00 Movie Night, <i>T</i>   | 9:30 Sit N' Fit, <i>MC</i><br>10:30 James Shaw Piano, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>11:15 Lunch Outing to Savoys, <i>MC</i><br>1:30 Let's Bake: Earth Cupcakes, <i>MC</i><br>3:00 Phillipines Presentation, <i>CR</i><br>5:30 Balloon Ball, <i>MC</i> | 9:30 Sit N' Fit, <i>MC</i><br>10:15 Coffee Social, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 Color Games, <i>MC</i><br>3:00 St. Patrick's Day Happy Hour, <i>CR</i><br>5:30 Movie & Popcorn, <i>MC</i>                 | 9:30 Coffee Chat w/ Chaplain Beth, <i>MC</i><br>10:15 Worship Service, <i>CR</i><br>1:00 Bible Study, <i>T</i><br>2:00 Massage Therapist on site, <i>C</i><br>3:30 Art with Heart: Cherry Blossom Art, <i>MC</i><br>5:30 Sing & Stretch, <i>MC</i>                | 9:30 Sit N' Fit, <i>MC</i><br>10:00 Music History w/ Steve, <i>MC</i><br>11:00 Catholic Communion, <i>T</i><br>11:00 Devotion, <i>MC</i><br>1:00 Music Therapy w/ Steve, <i>MC</i><br>3:00 Antique Show, <i>CR</i><br>5:30 Short Stories, <i>MC</i>                                      | 9:30 Sit N' Fit, <i>MC</i><br>10:30 McPhail Music for Life, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 Bingo, <i>CR</i><br>3:00 Happy Hour, <i>MC</i><br>5:30 Sing Along, <i>MC</i>              | 9:30 Coffee & News, <i>MC</i><br>10:30 Fun & Games, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 85 Years of Memories, <i>T</i><br>2:00 Matinee Movie, <i>T</i><br>3:30 Saturday Stretch, <i>MC</i> |
| 24   | 25  | 26  | 27  | 28   | 29   | 30  |
| 10:00 Daily Chronicles, <i>MC</i><br>10:30 Sit N' Fit, <i>MC</i><br>12:45 Creative Writing, <i>MC</i><br>2:30 Ice Cream Sundaes, <i>MC</i><br>3:00 Word Games, <i>MC</i><br>6:00 Movie Night, <i>T</i>   | 9:30 Sit N' Fit, <i>MC</i><br>10:30 Let's Bake: Waffles, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 Flower Arranging, <i>MC</i><br>3:00 Word Games, <i>MC</i><br>5:30 Balloon Ball, <i>MC</i>   | 9:30 Sit N' Fit, <i>MC</i><br>10:15 Music Therapy w/ Steve, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 "Picture This", <i>MC</i><br>3:00 Birthday Party w/ Scott Beaumont, <i>CR</i><br>5:30 Movie & Popcorn, <i>MC</i> | 9:30 Landmark Game, <i>MC</i><br>10:15 Sit N' Fit, <i>CR</i><br>11:00 Devotion, <i>MC</i><br>1:30 Joe Ahrens Music, <i>CR</i><br>2:00 Massage Therapist on site, <i>C</i><br>3:30 Art with Heart: Pom Animals, <i>MC</i><br>5:30 Sing & Stretch, <i>MC</i>        | 9:30 Sit N' Fit, <i>MC</i><br>10:00 Music Therapy w/ Steve, <i>MC</i><br>10:45 Catholic Communion & Rosary, <i>T</i><br>11:00 Devotion, <i>MC</i><br>1:00 Men's Group w/ Steve, <i>MC</i><br>3:00 Fun & Games, <i>MC</i><br>3:30 Connections, <i>T</i><br>5:30 Short Stories, <i>MC</i>  | 9:30 Sit N' Fit, <i>MC</i><br>10:30 Busy Bee's, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>1:00 Bingo, <i>CR</i><br>3:00 Happy Hour, <i>MC</i><br>5:30 Acoustics w/ Alison, <i>MC</i>                 | 10:30 Fun & Games, <i>MC</i><br>11:00 Devotion, <i>MC</i><br>12:45 Reminisce, <i>MC</i><br>2:00 Matinee Movie, <i>T</i><br>3:30 Saturday Stretch, <i>MC</i>   |
| 31   |   |   |   |  | <b>MEETING PLACES</b>  |    |
| 10:00 Daily Chronicles, <i>MC</i><br>10:30 Sit N' Fit, <i>MC</i><br>12:45 Creative Writing, <i>MC</i><br>2:30 Ice Cream Sundaes, <i>MC</i><br>3:00 Word Games, <i>MC</i><br>6:00 Movie Night, <i>T</i>   |   |   |   |  | <i>MC</i> - Memory Care<br><i>CR</i> - Community Room<br><i>T</i> - Theater<br><i>C</i> - Clinic   |   |